

## **Communication Terms and Conditions**

**Program Name:** The Sparrow's Nest

### **Program Description**

By opting in, you agree to receive text messages from The Sparrow's Nest. Messages may include appointment reminders, follow-ups, educational resources, and responses to inquiries you initiate.

### **Message Frequency**

Message frequency varies based on your interaction with our organization.

### **Message and Data Rates**

Message and data rates may apply depending on your mobile carrier and plan.

### **Opt-Out Instructions**

You may opt out at any time by replying STOP.

For help, reply HELP or contact us at 636-336-2534 or [info@thesparrowsneststl.org](mailto:info@thesparrowsneststl.org).

### **Customer Support**

- **Phone:** 636-336-2534
- **Email:** [info@thesparrowsneststl.org](mailto:info@thesparrowsneststl.org)

### **Privacy Policy**

Your information is handled in accordance with our Messaging Privacy Policy:

[Insert link to Privacy Policy]

### **Carrier Disclaimer**

Carriers are not liable for any delayed or undelivered messages.

### **Changes to Terms**

We may update these Messaging Terms and Conditions at any time. Continued participation in the messaging program constitutes acceptance of any changes.